## Filtering and Monitoring at home

| Child's device | | Cost | What it helps with |
|---|---|---|---|
| **Android phone/tablet or Chromebook** | https://families.google/intl/en-GB/familylink/ | Free | App approvals, screen-time limits, location and Google content controls. Parents can manage it from Android or iPhone; it doesn't fully control a child's iPhone. |
| **iPhone or iPad** | **Apple Screen Time + Family Sharing** | Free, built in | App limits, downtime, website/content restrictions and purchase controls. |
| **Windows PC or Xbox** | https://www.microsoft.com/en-gb/microsoft-365/family-safety | Free core controls | Screen-time and app/game restrictions. Its web filtering depends on **Microsoft Edge**. |
| **Other options** | **https://www.qustodio.com/en/premium/**<br>It has a limited free version for one device or Basic at **£49.99/year**—about £4.17/month, billed annually.<br><br>Also switch on your broadband/mobile provider's parental filters and the privacy/chat controls **inside each game or social app**.<br><br>**Internet Matters** : https://www.internetmatters.org/parental-controls/It has free step-by-step guides. | | |

**Filters help, but don't catch everything; regular conversations and making it easy for children to report something upsetting remain essential.**