



## Covid and staying home: Autumn Term 2022

The Department for Education has not issued any new guidance and refers everyone to the NHS website [What to do if you have coronavirus \(COVID-19\) or symptoms of COVID-19 - NHS](#)

In summary the guidance is:

If you are an adult and test positive for Covid, stay home and avoid contact for 5 days after the day you tested positive (keep away from medically vulnerable for 10 days). If in doubt see here [Who is at high risk from coronavirus \(COVID-19\) - NHS](#)

If you have a child who has tested positive for Covid, they should stay home for 3 days after they test positive for Covid [People with symptoms of a respiratory infection including COVID-19 - GOV.UK](#)

For children, the NHS guidance says:

1. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Also

2. Children and young people who usually go to school, college or childcare and **who live with someone who has a positive COVID-19 test result should continue to attend as normal.**

BUT:

3. If children or adults feel unwell but have not tested positive for Covid, the NHS advice is to stay home and avoid contact with others.

## **CFS School guidance if you/child has symptoms but not tested positive:**

If children have started having cold symptoms, especially temperature, coughs and sneezing and runny noses, they should not come to school for three days.

There is no government expectation that children are tested, but parents may choose to do so.

Adults who have similar symptoms but who are working in school or dropping off etc, should be vigilant: keep distance, wear a suitable mask (FFP2 or above) if possible, and clean hands frequently. They should also ideally test for a few days to make sure that the Coronavirus is detected if present.

**Do you need a negative test to return to school?** No, you can return to school after 5 days (starting the day after a positive test for adults), or 3 days (starting the day after symptoms started). However, if the adult or child still feels unwell or has lots of symptoms, they should extend the period of staying home with advice from school. Adults should also keep vigilant and follow advice about distance, handwashing and wearing a mask if possible.

**Test Kits:** Please be aware that Lateral Flow Test kits now need to be purchased; it is worth always having a pack at home for when you might have symptoms.